

# NCC Activities for the Year 2022-2023

## 1. Global Yoga Day

On the 21<sup>st</sup> of June 2022, International Yoga Day was celebrated in Vartak College. All the NCC cadets participated in this Yoga Day celebration. Along with the NSS and the other college students. On this day students were taught various Yoga asanas. The power of meditation and Yoga was presented in front of students. It was a very good learning experience about how Yoga can help to bring focus and balance in an individual's life.



## 2. Blood Donation Camp

*A donation of blood means a few minutes to you, but a lifetime for somebody else.*

Annasaheb Vartak College, Vasai Rd, NCC cadets in association with Lions and Leo club of Vasai Unique conducted a blood donation camp on 26 November 2022 in the wake of dry out of blood bags in the Vasai Virar area. 57 blood bags were collected thus saving 171 lives. We are in gratitude towards Annasaheb Vartak College, NCC students, teachers, and donors who came together for a noble cause. The ANO of GG College Lt. Zambre and ANO of Mithibai College Captain Kurkute brought cadets from their colleges as well. The Commanding Officer of 1 MAH ARMAD SQN Lt. Colonel Shiv Gehlot and other PI staff also contributed towards the noble cause. A certificate of recognition was provided to all the donors.

A. Vartak College Vasai.  
1 Maharashtra Armoured  
Squadron NCC, Mumbai B

Donate blood save life

**DONATE**

**BLOOD DONATION CAMP**

AT ANNASHEB VARTAK  
COLLEGE VASAI.  
DATE:- 26/11/2022  
TIMING:- 09:00 AM TO  
04:00 PM

All teaching staff, non teaching staff and students are requested to donate blood in huge numbers. Certificate and blood group detection card will be provided.

COMMANDING OFFICER PRINCIPAL



### 3. INS TARKASH VISIT

Our NCC unit 1Mah Armd Sqn NCC had the opportunity to visit the naval ship "INS TARKASH"

We all entered in great discipline and had our phones submitted and bags checked at the gate. We moved further in and the naval staff explained everything in great detail. The first thing we saw were missiles, RJ-61 and P-15, both manufactured in Russia and imported in 1987. Further, we moved towards snipers and their mechanisms. We were introduced to Assault Rifles (AR) that are used by the special forces. The details were explained very well. MP-5 Suitcase Version was something that amazed every cadet there. We were now allowed to move on to the ship and

for most of us, it was the first time so we were all filled with great excitement and pride. 'INS TARKASH (F50)' is a frigate naval ship, meaning it was lighter and smaller and was made for patrolling. She uses BrahMos Missile, the fastest supersonic missile that works with the help of the radar that helps to track. She is equipped with great technology and also has a helipad. We ended up with a group photo and they gave us snack boxes and escorted us back to the gate.

This was a great experience for all the cadets filled with lots of information. The Naval Staff guided and treated me very well.



#### **4. SWATCH BHARAT ABHIYAAN**

On 12/01/2023 at A. Vartak College NCC Cadets Participate in 'Swatcha Bharat Abhiyan'. 35 Cadets Have Participated in the above Activity and Cleaned the College Grounds. The team-building qualities and the importance of cleanliness was taught to the cadets via this activity.



## 5. INTERNATIONAL YEAR OF MILLETS

On 25<sup>th</sup> March 2023 the 1 Maharashtra Armored Sqn NCC organized a talk on the topic: - “Be healthy with Millets”. The Chief Guest was Prof. Joya Gonsalves.

Following SD and SW Cadets were present for that talk

SD:	SW:
1.CDT. TUSHAR BHALCHANDRA DIVA	1. CDT. PRACHI PATIL
2. CDT. DAVID MASHAPPA GUNMIN	2. CDT. SAYALI PAWAR
3.CDT. HARSHAL YASHAWANT RAO	3. CDT. RUCHIKA BURKHI
4. CDT.RITIK RAJENDRA KANOJIYA	4. CDT. NAGMA SHAIKH
5.CDT. PRAVEEN KUMAR JAISWAR	5. CDT. POOJA AGHAV
6.CDT. ATHARVA NIVRUTTI VICHARE	6. CDT. NEHA YADAV
7.CDT. VEDANT SUNIL GOVARI	7. CDT. MOHINI PATIL
8.CDT. VISHNU SINGH BUTOLA	8. CDT. SMARNIKA DHANGAR
9.CDT. PRAVIN SUBHASH MISHRA	9. CDT. AARTI REDDY
10.CDT. AJAY ANKUSH SHELAVALE	10.CDT. ASMITA KARPAT
11.CDT. AJINKYA JAYWANT PATIL	11. CDT. MANSI SALVI
12.CDT. AMAN RAMJAGAT YADAV	12.CDT. SANKALP INDAP
	13.CDT. DANIYA DABRE



## 6. Puneet Sagar Abhiyan

On 24/05/23 all the cadets of 1 Maharashtra Armad Sqn were taken for the t Puneet Sagar Abhiyan. The cadets were taken to the Girgaon Chowpatty beach. All cadets were provided with hand gloves. After the activity, they were given snacks. It was a really good experience for the cadets.



## 7. POLICE TRAFFIC CONTROL DUTY

On 15<sup>th</sup> November 2022, all the cadets of 1 Mah Armad Sqn NCC sub-Unit A. Vartak College were taken for Police and traffic control duty. We were all taken to the Manickpur Police Station in Vasai, we had an interaction with the inspector of that station and he told us about the duties the Police Station Performs. After that, we were taken to the Stella Check nakka of Vasai and placed there to monitor all the vehicle movement. The officer in charge taught us how to keep an eye on all the vehicles and monitor for any checking required.



## **8. RIFLE SHOOTING GOLD MEDAL**

The cadets of Vartak College got a gold and silver medal in the Rifle shooting Competition which was held at Mumbai University. They later also got a gold medal at the Vasai Kalakrida Mahotsav.

The winners from 1 Mah Armad Sqn Mumbai B Subunit Vartak College were

1. CDT. Tejal Karvir
2. CDT. Sonal Wagh
3. CDT. Vinay Jadhav



## **9. POSTER MAKING COMPETITION**


On the Occasion of the Birth Anniversary of “Sarojini Naidu” we organized poster poster-making competition at Vartak College on 13th February 2023. 20 Cadets have participated in the poster-making competition. The theme of the Poster: WOMEN’S EMPOWERMENT. Students have actively participated in the above events. List of the Cadets who participated in the above events.

- 1) Cdt. Tejal S. Karvir
- 2) Cdt. David M. Gummin
- 3) Cdt. Rupesh S. Parlekar
- 4) JUO. Nilmani Shreesh
- 5) Cdt. Asmita Akula
- 6) Cdt. Anand Yadav

- 7) Cdt. Nitesh Tiwari
- 8) Cdt. Anusuit Rai
- 9) Cdt. Suman R. Nishad
- 10) Cdt. Shruti S. Maji
- 11) Cdt. Rahul L. Yadav
- 12) Cdt. Atharva N. Vichare
- 13) JUO. Swarupa R. Adbal
- 14) JUO. Jay P. Patil
- 15) Cdt. Pranay A. Bandgar
- 16) Cdt. Ajinkya J. Patil
- 17) SUO. Om S. Medhekar
- 18) Cdt. Bhavika V. Devlata
- 19) Cdt. Pooja B. Yadav
- 20) Cdt. Jay K. Patil



1. MAH ARMD SQN NCC  
VARTAK COLLEGE VASAI.



Poster making  
competition

On the occasio of birthday anniversary of "Sarojini Naidu"

Topic :-  
**WOMENS EMPOWERMENT**

Students are requested to make their posters at home and submit in the college sharp by 8 am in the NCC Office. Date:13/02/2023

Everyone is encouraged to participate and show their skills. The best poster will be awarded with certificate and medal!

Principal Commanding officer

## **10. D.G NCC VISIT AT MUMBAI UNIVERSITY**

On 24/05/2023 the D.G NCC had given a visit at the prestigious Mumbai University Hall. The following cadets had attended the meeting.

1. Name: - Daniya Dilip Dabre Reg no: - MH/SW/2021/100115
2. Name: - Tejal Santosh Karvir Reg no: - MH/SW/2021/100127
3. Name: - Niharika Ranjan Das Reg no: - MH/SW/2021/100118
4. Name -Nagma Javed Shaikh Reg no -MH/2022SWA044
5. Name: -Pooja Shivaji Aaghav Reg no: -MH2022SWA052
6. Name: - Aarti Saravanan Reddy Reg no.: - MH2022SWA043
7. Name: - Nisha Mohan Dumada Reg no: - MH2022SWR049
8. Name -Sayali Khashaba Pawar Reg no -MH/2022SWA048



## **11. WORLD PLASTIC FREE DAY**

On 7th July 2023 during the World Plastic Bag Free Week the NCC Cadets of Vartak College visited the local market and spread awareness about not using plastic bags with the help of posters banners and by giving alternative bags made of newspaper which were all made by the NCC Cadets. The Cadets distributed a total 1,200 bags to the local vendors and the local public. The Cadets also made the local vendors and the public aware of the harmful effects of plastic bags on our environment.



# प्लास्टिक पिशव्यांचा वापर टाळा, छात्रसेनेची बाजारपेठेत जनजागृती

## कागदी पिशव्यांचे वाटप; अण्णासाहेब वर्तक महाविद्यालयाचा उपक्रम

लोकमत न्यूज नेटवर्क  
वसई : जागतिक प्लास्टिक पिशवीमुक्त सप्ताहादरम्यान वसई येथील अण्णासाहेब वर्तक ज्येष्ठ महाविद्यालयाच्या राष्ट्रीय छात्रसेनेच्या जवानांनी स्थानिक बाजारपेठेत भेट दिली आणि पत्रके व कापडी फलकांच्या साहाय्याने प्लास्टिक पिशव्या न वापरण्याबाबत जनजागृती केली. यावेळी जवानांनी बाजारातील विक्रेत्यांना पर्यायी कागदी पिशव्या वितरित केल्या. या सर्व कागदी पिशव्या छात्रसेनेच्या जवानांनी वृत्तपत्राच्या कागदापासून बनवल्या होत्या.

छात्रसेनेच्या जवानांनी स्थानिक विक्रेते आणि स्थानिक नागरिकांना एकूण १,२०० पिशव्यांचे वितरण केले. यावेळी छात्रसेनेच्या जवानांनी स्थानिक विक्रेते आणि नागरिकांमध्ये



अण्णासाहेब वर्तक महाविद्यालयाच्या राष्ट्रीय छात्रसेनेच्या जवानांनी स्थानिक बाजारपेठेत कागदी पिशव्यांचे वाटप करून प्लास्टिक टाळण्याचे आवाहन केले.

प्लास्टिक पिशव्यांमुळे आपल्या पर्यावरणावर होणाऱ्या हानिकारक परिणामांबद्दल जागरूकता निर्माण केली, अशी माहिती अण्णासाहेब वर्तक महाविद्यालयाच्या छात्रसेनेचे प्रमुख मेजर डॉ. महादेव आंधळे यानी दिली.

पर्यावरणाविषयी जागरूकता राहावी यासाठी महाविद्यालयाचे विद्यार्थी प्रभातफेरी, पथनाट्य असे सक्रिय उपक्रम करतात. महाविद्यालयाचे प्राचार्य डॉ. अरविंद उबाळे यांनी छात्रसेनेच्या जवानांचे कौतुक केले.

