3.4.3 Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc., (including programmes such as Swachh Bharat, AIDS awareness, Gender issues etc.) and/or those organised in collaboration with industry, community and NGOs during the year 2022-23 & 3.4.4 Number of students participating in extension activities at 3.4.3, above during 2022-23.

Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities	Website Link
International Yoga Day Workshop	NSS Unit and Ambika Yoga Kutir	Health and Hygiene	2022-2023	30	http://avc.ac.in/wp- content/uploads/2023/ 12/National-Service- Scheme-Activities-in- Academic-Year-2022- 2023.pdf
Tree Plantation	NSS Unit	Environment Conservation	2022-2023	23	
Vaccination Drive	NSS Unit	Health and Hygiene	2022-2023	14	
Eco-friendly Rakhi Exhibition	NSS Unit	Environment Conservation and Women Empowerment	2022-2023	30	
Azadi Ka Amrit Mahotsav –	NSS Unit	Har Ghar Tiranga	2022-2023	89	
NSS Orientation Program for first year volunteers	NSS Unit	Awareness and knowledge- building	2022-2023	82	
NSS Day Celebration (Guest lecture and cultural program)	NSS Unit	NSS Day Celebration	2022-2023	55	
Guest lecture – Traditional Food Culture of Tribal Communities in Palghar	NSS Unit	Poshan Pakhwada	2022-2023	76	
Gandhi Jayanti Celebration	NSS Unit	Cleanliness Drive	2022-2023	65	
Fit India Run and Yoga	NSS Unit	Health and Hygiene	2022-2023	96	

Cleanliness Drive at Vasai Fort	NSS Unit	Cleanliness Drive	2022-2023	96	
Unity Run and Pledge for National Unity	NSS Unit	National Integrity	2022-2023	26	
Street play on De-addiction	NSS Unit	Health and Hygiene / Public Awareness	2022-2023	13	
HIV AIDS Awareness Guest Lecture	NSS Unit	Awareness and knowledge- building	2022-2023	79	
Consumer Rights Awareness Guest Lecture	NSS Unit	Awareness and knowledge- building	2022-2023	79	
Reduce, Reuse, Recycle – Making Paper bags from Waste Newspapers	NSS Unit	Environment Conservation	2022-2023	64	
Guest Lecture on Consumer Redressal Agency	NSS Unit	Awareness and knowledge- building	2022-2023	50	
Street Play on HIV AIDS Awareness	NSS Unit	Public Awareness Activity	2022-2023	53	
HIV Awareness Rally	NSS Unit	Public Awareness Activity	2022-2023	22	
Workshop on Waste Management	NSS Unit	Environment Conservation	2022-2023	37	
Blood Donation Camp	NSS Unit and B.Y.L. Nair Hospital	Health and Hygiene	2022-2023	42	
Food Distribution Drive	NSS Unit and NSS Alumni	Joy of Giving	2022-2023	34	
Self Defence Training for girls	NSS Unit	Woman Empowerment	2022-2023	12	
NSS Special Camp - Shivansai Chandip (Cleanliness, Public Awareness, Skill Development)	NSS Unit	NSS Special Camp	2022-2023	96	

NCC Activities for the Year 2022-2023

		Yoga Day Celebration	2022-2023		http://avc.ac.in/wp-
Global Yoga Day					content/uploads/2023/
					12/NCC-Activites-2022-
	NCC Unit			All Cadets	<u>2023.pdf</u>
	NCC Unit and	Blood Donation	2022-2023	171	
	Lions and Leo				
	club of Vasai				
Blood Donation Camp	Unique				
College ground Cleaning	NCC Unit	Swatch Barat Abhiyan	2022-2023	35	
Talk On Be healthy with		International Year of Millets	2022-23	25	
Millets	NCC Unit				
Girgaon Chowpatty beach	NCC Unit	Puneet Sagar Abhiyan.	2022-2023		
Cleaning				All Cadets	
	NCC Unit	World Plastic Free Day	2022-2023	35	
Spread awareness about not					
using plastic bags					

DLLE Activities for the Year

2022-2023

		Essay Competition	2022-2023	28	http://avc.ac.in/wp-
					content/uploads/2023/
					12/DLLE-NAAC-REPORT-
Essay Competition	DLLE				2022-23-Final.pdf
Poster Competition	DLLE	Poster Competition	2022-2023	21	