

BA - PSYCHOLOGY

Semester I/II/III/IV/V/VI	All Subjects / Course	Objective of teaching the subject (Minimum 4)	OUTCOME
SEM - I	Fundamentals of Psychology (Paper I)	1. To make students understand fundamental schools of thoughts in psychology and to impart knowledge of the basic concepts and modern trends in Psychology.	This course will help students to understand contributions of different schools of thoughts in Psychology. It will make them aware of recent trends in Psychological research.
		2. To know the career scope in psychology and to foster the interest in the subject of Psychology.	
		3. To make the students aware of the applications of Psychological concepts in different areas of day to day life	It will develop curiosity and interest in different career options offered in Psychology.
		4. To understand the functioning of brain, nervous system and hormones and their influence on behaviour	
		5. To learn reinforcement techniques.	Students will develop knowledge of core concepts in psychology.
		6. To develop effective ways of learning and remembering in students.	Students will develop effective learning and memory enhancing techniques which can help them in their studies.
		7. To have basic knowledge of research methods used in psychology like observation, experimentation, correlation, survey, case study, etc.	
SEM - II	Fundamentals of Psychology (Paper I)	1. To understand the mechanism of basic cognitive abilities and functioning like intelligence, thinking, language, motivation and emotions.	Students will have awareness of their own cognitive processes.
		2. To develop emotional intelligence and anger management skills	Students will identify their own strengths after learning multiple intelligence theory and personality theories.
		3. To understand personality of self and others and to learn the ways of personality development	
		4. To develop empathy and positive regards for others.	They will learn basic concepts in statistics used for psychological research.
		5. To have basic knowledge of intelligence and personality testing in psychology.	They will develop skills like self motivation, emotion management, anger management, empathetic listening.
		6. To learn basic statistical techniques used in psychological research.	
SEM - III	Social Psychology (Paper II)	1. To know fundamental research areas and research methods in social psychology.	Students will understand fundamental concepts in social psychology.
		2. To help students in building knowledge of the basic concepts and modern trends in Social Psychology.	Students will be aware of research methods in Social psychology.
		3. To make the students aware of the applications of the various concepts in Social Psychology in the Indian context.	Students will develop skills like positive impression formation, attribution (understanding internal and external causes of others behaviour), persuasion.
		4. To understand how internal and situational factors affect the behaviour of people around us and form accurate impression.	
		5. To learn how to create good impression of self on others.	Students will differentiate between love and attraction.
		6. To understand factors shaping attitudes and interpersonal attraction.	

SEM - IV	Social Psychology (Paper II)	1. To learn effective ways of controlling prejudices and discrimination.	Students will know their own prejudices and they will learn to challenge them.
		2. To understand how people are influenced through confirmation, compliance and obedience.	
		3. To learn effective ways to aggression control and anger regulation.	Students will learn skills like assertiveness, anger management, co-operative behaviour, prosocial behaviour.
		4. To learn the ways to build cooperation in society and encourage prosocial behavior.	Students will learn the techniques to influence others in positive way.
SEM - III	Developmental Psychology (Paper III)	1. To understand lifespan approach of development.	Students will be aware of fundamental concepts and in developmental psychology.
		2. To help students in building knowledge and understanding of the basic concepts, principles, perspectives and modern trends in Developmental Psychology	They will have better knowledge of self which will facilitate identity formation.
		3. To have insight in one's own identity formation.	Students will gain of sexuality education and emotional empowerment as their emotional concerns related to sexual changes are addressed.
		4. To develop strong self concept and to know about challenges and responsibilities in young adulthood	Students will cope up better to risk factors in young age.
		5. To know the risk factors in young age like addiction, sexually transmitted diseases, violence, suicide, accidents, etc.	Students will think logically in pursuing their career.
		6. To be rational in making career choice	
SEM - IV	Developmental Psychology (Paper III)	1. To understand physical abilities, strengths and vulnerabilities in middle adulthood.	Students will understand their parents and middle age adults around them effectively.
		2. To know the cognitive processes of experts.	Students will become sensitive to concern of senior citizens.
		3. To know challenges in social life of middle aged adults and senior citizens.	Students will become sensitive to patients of dementia and their caretakers.
		4. To know about alzheimer, dementia and how to provide health care services to senior citizens.	Students will develop interest in giving care to senior citizens and patient of dementia.
		5. To know about counselling and training programs to sharpen cognitive abilities of senior citizens.	Students will be aware of significance of active involvement of senior citizens in society and they will recognize the need to strengthen their cognitive skills.